



ATHENS GASTROENTEROLOGY CENTER, PC
ATHENS ENDOSCOPY, LLC

Updated kp.01.2018

GREGORY S. SMITH, M.D.
 Board Certified Gastroenterology & Hepatology

PREPARATION FOR VIDEO CAPSULE ENDOSCOPY

Your procedure will be performed at Athens Endoscopy, LLC in Suite 2 of our office.

Patient Name: _____ DOB: _____
 Procedure Date: _____ Arrival Time: _____ AM/ PM
 ***We will need you to RETURN to the endoscopy facility again at this time: _____ AM/ PM

Your physician has determined that as part of your medical evaluation you are to undergo an examination known as a VCE (video capsule endoscopy). This involves ingesting a small (the size of a large vitamin pill) Video Capsule SB capsule which will pass naturally through your digestive system while taking pictures of the intestine. The images are transmitted to the Sensor Array which is placed on your abdomen. The Sensor Array is attached to a walkman like Data Recorder which saves all the images. It is located in the Recorder Belt which is worn around your waist. After 7 1/2 hours or if the blue light stop blinking, you will return the office to have the Recorder Belt removed. The Video Capsule is disposable and will eventually pass out of you naturally in your bowel movement. There is a small risk of the capsule becoming lodged in the intestine. This may require surgery for correction.

- Advise the medical provider immediately if you have metal allergies!
- If you are on Diabetic Medications and the medical provider has not instructed you about medication adjustment prior to your procedure, please call our office at Athens Endoscopy, LLC 706-433-0078 or 706-548-0058.
- Five days before your procedure, STOP any Iron, Anti-Acids, and Carafate Medications. Avoid Narcotics or medications that slow peristalsis.
- Evening before at about 6:00 PM: Drink 1 bottle of Citrate of Magnesium.
- *The DAY BEFORE your Video Capsule Endoscopy:* After 12:00 PM drink only clear liquids. (Do not eat any solid food or drink any liquids you cannot see through). **Nothing to eat or drink after midnight.**

*****CLEAR LIQUID DIET GUIDE*****

AVOID	ALLOWED
red, purple, orange colors	Jello, gelatin
dairy products	popcicles
juices with pulp	broth
coffee	water
meats	ginger ale, sprite, carbonated beverages
grains, starches	apple juice, white grape juice, lemonade,
fats	Gatorade/ Powerade, flavored drinks
vegetables	tea
solid foods	sugar, honey, syrup, salt



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DAY OF VIDEO CAPSULE ENDOSCOPY (VCE)

If you are instructed to take your medications on the morning of the test they need to be taken **TWO** hours *before* your VCE appointment. **Wear loose clothing the day of your capsule test.** It is not necessary to have someone available to drive you home from this procedure.

For your procedure a Velcro belt will be placed on your waist and a small pouch will be placed around your neck or shoulder. You will be asked to swallow a vitamin-sized camera capsule. As the capsule progresses naturally down the digestive tract, the camera-pill will capture 2 images per second. The images are transferred via the antenna in the belt to the DataRecorder within the pouch. You will be asked to wear the equipment for 9 hours. It is not necessary to remain in the office during this time. You may continue your daily routine. Do not disconnect or remove the equipment at any time. Avoid sudden movement and banging of the recorder. Avoid any strenuous physical activity especially if it involves sweating and do not bend over or stoop during capsule endoscopy.

Verify every 5-10 minutes that the small light on the top of the Data Recorder is blinking *blue* twice per second. If for some reason it stops blinking record the time and contact **Athens Endoscopy, LLC at 706-433-0078 or 706-548-0058.**

Two hours after ingesting the capsule you can start to drink clear liquids (see page 1 for example). **Four hours after ingesting the capsule you may start to eat a light meal.**

You must *avoid* going near any MRI machines or amateur radio devices. These cause interference and may result in the need to repeat the test.

If at any time during the Video capsule test and until the capsule passes, (usually within 72 hours) you develop unexplained nausea, abdominal pain or vomiting; contact your physician at **Athens Endoscopy, LLC at 706-433-0078 or 706-548-0058.**

At the end of the 9 hours, you will be asked to return to the office and a medical assistant will remove the equipment for you. The capsule will pass naturally in your stool and may be safely flushed down the toilet for disposal. If you are unsure the capsule passed please call us to get further follow up.

Please make necessary arrangements to keep your scheduled procedure. Out of consideration for other patients who could have had their procedure scheduled sooner, a \$100 non-refundable fee will be charged (prior to rescheduling your procedure again) for canceled/rescheduled procedures if not canceled/rescheduled within 72 hours. This fee will be separate from your current balance or any due deductible.

Please call our office if you have any questions or concerns or if for any reason you are unable to return the equipment the same day at **Athens Endoscopy, LLC at 706-433-0078 or 706-548-0058.**